

NO Drug or Alcohol use including Marijuana the Day Before & the Day of the Procedure

Instructions (A) Upper Endoscopy

**ANY QUESTIONS CALL Fairfield 203-292-9000 Trumbull 203-452-1411
Bridgeport 203-333-3328**

Report to () St. Vincent's Medical Center
2800 Main St, Bridgeport, CT

() The Endoscopy Center of Fairfield
425 Post Rd, Fairfield, CT

Date _____ Arrive at _____ Procedure Time _____ Doctor _____

Upper Endoscopy Instructions



Diabetic Medications: Metformin, Actos, Glipizide, Insulin, etc.

If you take any of the following medications call your Prescribing Doctor and let them know about your upcoming procedure. Your Doctor may want to make changes.



GLP-1 medications (oral or injectable):

On the day before your procedure, NO SOLID FOODS, drink clear liquids only if you take any of the following:

Dulaglutide (Trulicity), Exenatide ER (Bydureon), Semaglutide (Ozempic, Wegovy) Tirzepatide (Mounjaro, Zepbound).



Blood Thinners: Ask your Doctor how long you can be off the following medications before your procedure: Persantine, Plavix, Ticlid, Coumadin, Effient, Aggrenox, Pletal, Cilostazol, Pradaxa, Xarelto, Brilinta, Eliquis, prescribed non-steroidal anti-inflammatory, (Celebrex, Mobic, etc.)

7 DAYS BEFORE THE PROCEDURE:



Qysimia, Phentermine, Advil, Motrin, Aleve, Ibuprofen, Fish Oil, Iron and Vitamin E. (TYLENOL is OK).

1 DAY BEFORE:



Do not take Vyvanse (Lisdexamfetamine), Synjardy or Jardiance today or tomorrow.

ON THE DAY OF THE PROCEDURE: Please do not wear fragrant products.

- A. **NO FOOD** after Midnight. You may have clear liquids **ONLY**.
- B. **Take your morning medications.**
- C. **3 Hours before STOP DRINKING. (Even water).** NO GUM CHEWING.



EXAMPLES OF CLEAR LIQUIDS

Pedialyte, Gatorade, bouillon cubes, broth, consommé, black tea, black coffee, apple juice, white grape juice, white cranberry juice, strained lemonade, crystal light, water, Italian ice, popsicles, sorbet or Jello.

DON'T HAVE:



**ANYTHING RED or PURPLE
MILK or CREAM**



YOU WILL NEED A RESPONSIBLE RIDE HOME. NO DRIVING!!! Expect to be here for 90 minutes to 2 hours.