

Colonoscopy Prep #5 Suprep

**ANY QUESTIONS CALL Fairfield 203-292-0000
Bridgeport 203-333-3328**

Report to () St. Vincent's Medical Center
2800 Main St, Bridgeport, CT

() The Endoscopy Center of Fairfield
425 Post Rd, Fairfield, CT

Date _____ Arrive at _____ Procedure Time _____ Doctor _____

FILL the attached Suprep Kit prescription at the pharmacy as soon as possible.

If Monday procedure please fill before weekend start.

Do not follow instructions on the box, follow the instructions below:



If you take any of the following medications call your Prescribing Doctor and let them know about your upcoming procedure. Your Doctor may want to make changes.

Diabetic Medications: Metformin, Actos, Glipizide, Insulin, etc.

Blood Thinners: Ask your Doctor how long you can be off the following medications before your procedure: Aspirin, Persantine, Plavix, Ticlid, Coumadin, Effient, Aggrenox, Pletal, Cilostazol, Pradaxa, Xarelto, Brilinta, Eliquis, prescribed non-steroidal anti-inflammatory, (Celebrex, Mobic, etc.).

ONE WEEK BEFORE THE PROCEDURE



Advil, Motrin, Aleve, Ibuprofen, Fish Oil, Iron and Vitamin E. Nuts, Seeds, Corn, Popcorn, Metamucil, Citrucel, and Flax Seed. (TYLENOL is OK).

ONE DAY BEFORE THE PROCEDURE:

1. **Drink Clear Liquids ONLY** (The more you drink, the better the prep will be) **NO FOOD**
2. At 5pm pour one 6 ounce bottle of Suprep liquid into the mixing container. Add cool water or any clear liquid from list below to the 16 ounce line on the container and mix. Drink **all** the liquid in the container. Do **Not** drink Suprep prior to dilution. You **MUST** drink two more 16 oz containers of clear liquids over the next hour.
3. Expect loose watery bowel movements.
4. **YOU MUST** continue drinking clear fluids until bedtime. Place a towel under your buttocks at night when you are sleeping.

ON THE DAY OF THE PROCEDURE: Please do not wear fragrant products.

1. Get up 6 Hours Before your procedure – Finish the rest of your Suprep drink the same as above. Follow with two 16 ounce glasses of clear liquids.
2. Take your morning medications.
3. **3 Hours before -- STOP DRINKING.**



EXAMPLES OF CLEAR LIQUIDS (Please try to drink 4-6 oz every hour)

Pedialyte, Gatorade, bouillon cubes, broth, consommé, apple juice, white grape juice, white cranberry juice, strained lemonade, crystal light, water, Italian ice, popsicles, sorbet or jello. You may have 1 cup of black tea or black coffee per day.

DON'T HAVE: ONLY WATER



**ANYTHING RED or PURPLE
MILK or CREAM**

YOU WILL NEED A RESPONSIBLE  RIDE HOME.

NO DRIVING!!! Expect to be here for 90 minutes to 2 hours.

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