

Instructions (A) Upper Endoscopy

ANY QUESTIONS CALL Fairfield 203-292-0000
Bridgeport 203-333-3328

Report to () St. Vincent's Medical Center () The Endoscopy Center of Fairfield
2800 Main St, Bridgeport, CT 425 Post Rd, Fairfield, CT

Date _____ Arrive at _____ Procedure Time _____ Doctor _____

Upper Endoscopy Instructions



If you take any of the following medications call your Prescribing Doctor and let them know about your upcoming procedure. *Your Doctor may want to make changes.*

Diabetic Medications: Metformin, Actos, Glipizide, Insulin, etc.

Blood Thinners: Ask your Doctor how long you can be off the following medications before your procedure: Aspirin, Persantine, Plavix, Ticlid, Coumadin, Effient, Aggrenox, Pletal, Cilostazol, Pradaxa, Xarelto, Brilinta, Eliquis, prescribed non-steroidal anti-inflammatory, (Celebrex, Mobic, etc.)

ONE WEEK BEFORE THE PROCEDURE



Advil, Motrin, Aleve, Ibuprofen, Fish Oil, Iron and Vitamin E.
(TYLENOL is OK).

ON THE DAY OF THE PROCEDURE:

A. **8 Hours before procedure clear liquids ONLY (no food at all).**



EXAMPLES OF CLEAR LIQUIDS

PowerAde, Gatorade, bouillon cubes, broth, consommé, black tea, black coffee, apple juice, white grape juice, white cranberry juice, strained lemonade, crystal light, water, Italian ice, popsicles, sorbet or jello.

B. **Take your morning medications.**

C. **3 Hours before STOP all clear liquids (even water).**

YOU WILL NEED A RESPONSIBLE  RIDE HOME. **NO DRIVING!!!**
Expect to be here for 90 minutes to 2 hours.