INSTRUCTIONS FOR UPPER ENDOSCOPY

Please do not take Advil, Motrin, Aleve, ibuprofen, etc., fish oil or Vitamin E for 7 days prior to examination. If you take aspirin, Persantine, Plavix, Ticlid, Coumadin, Aggrenox, Pletal, Cilostazol or any non-steroidal anti-inflammatory drug, ask your prescribing physician for instructions and let us know. Tylenol is o.k.

Do not eat or drink anything for 6 hours prior to the scheduled procedure.

If your procedure is in the afternoon, you can have a piece of dry toast and a clear drink for breakfast and then nothing by mouth for 6 hours prior to the procedure.

No medications within 6 hours prior to the procedure. If you are diabetic, consult your doctor regarding your insulin dose prior to the examination.

APPOINTMENT INFORMATION

DATE: _____ DOCTOR: _____ARRIVE AT:_____

REPORT TO: ( ) St. Vincent's Medical Center 2800 Main Street, Bridgeport, CT ( ) The Endoscopy Center of Fairfield 425 Post Road, Fairfield, CT

<u>NO DRIVING. You cannot drive, take a taxi alone, or take a bus alone after the procedure. You must be accompanied by an adult. If this rule is not followed, we may cancel your procedure.</u>

Revised 05/10