

INSTRUCTIONS FOR UPPER ENDOSCOPY

Please do not take aspirin, Advil, Motrin, Aleve, ibuprofen, etc. or Vitamin E for 7 days prior to examination. If you take Persantine, Plavix, Ticlid, Coumadin, or any non-steroidal anti-inflammatory drug, ask your prescribing physician for instructions and let us know. Tylenol is o.k.

Do not eat or drink anything for 6 hours prior to the scheduled procedure.

If your procedure is in the afternoon, you can have a piece of dry toast and a clear drink for breakfast and then nothing by mouth for six hours prior to the procedure.

No medications within 6 hours prior to the procedure. If you are diabetic, consult your doctor regarding your insulin dose prior to the examination.

APPOINTMENT INFORMATION

DATE: _____ TIME: _____ DOCTOR: _____

REPORT TO: St. Vincent's Medical Center
2800 Main Street, Bridgeport, CT

The Endoscopy Center of Fairfield
425 Post Road, Fairfield, CT

NO DRIVING. You cannot drive, take a taxi alone, or take a bus alone after the procedure. You must be accompanied by an adult. If this rule is not followed, we will cancel your procedure.